



The Journey Workshop - February 21, 2019
 Tarrant County College, Energy Auditorium, Fort Worth, TX

- 4 = Exceeded Expectations**
- 3 = Met my expectations**
- 2 = Somewhat met my expectations**
- 1 = Did not meet my expectations**

SURVEY:

Number of Attendees 89

CATEGORY	4	3	2	1
Date & time workshop offered was acceptable	50	8	7	1
The workshop's content was engaging	57	10		
Presenter's knowledge of content	60	6		
The workshop was engaging	56	13		
Would you recommend <i>The Journey</i> to others	60	4		

COMMENTS:

1. What was most engaging about the workshop?

- The information was extremely helpful. It opened my eyes to a lot.
- The activities we did and the topics discussed were amazing!
- This was my second presentation and it was still great!
- The way the presenter explained the importance our goals and how we can approach them.
- The activities brought the participants together to figure out our goals, and the road trip exercise.
- Situations that I related to made me pay attention. It kept me interested.
- The instructor's enthusiasm. He pulled the audience in.
- The presenter makes it so engaging by interacting. He is so passionate of his work.
- Energy of the presenter, videos, and music.
- I loved everything about the Journey workshop.
- How the speaker is honest and can relate to real life issues. He isn't just talking to the audience like you are a three-year old child.
- Loved all of it. Thank you for taking the time to send a much needed message!!!
- The circle example was very engaging and true. Very relatetable. In this society, we are more prone to stay in the circle rather than to break free of it.
- For me, the truth was being spoken and it sparked something within.
- It opens your eyes to many different topics and so many things you never paid attention to before.

The instructor's passion was apparent and the humor delivered during the presentation added a great personal touch.

When the audience stood up and repeated what the instructor put on screen.

The map activity. I was in a good group and liked figuring out what to do and how to do it. The inspirational and relatable debrief was amazing as well.

2. What part(s) of the content do you feel will benefit you most?

The explanation of P.O.O.R. - Passing Over Opportunities Repeatedly.

The activity about the road trip and what could happen along the way that could get you off track.

The aggressive motivation.

Me, being a single mom, and how much more there is out there I could accomplish.

Breaking out of the ordinary cycle of our lives that we might be stuck in. We need to change something in order to go where we want and to be successful.

The message of persistence and resilience.

Finding my own *amazing*.

The comparisons of going from one path to another. The circle.

The circle of success and how you break old habits.

I loved the process of how you can define yourself. I AM!

Very beneficial not only for school, but life as well. It's a wake-up call.

Understanding why people crash, and the circle.

Understanding why airplanes crash and how that applies to myself.

Finding my *amazing* - perfect!

Presentation was too long and the exercise with the map was not needed to successfully make the points.

The part where he said that being poor is missing opportunities. I have literally had friends to tell me to blow off school to hang. It sucks that those closest to you might be rooting for your downfall the most.

The topic relating to the circle. I consider myself to be in a circle and I do want out. This workshop inspired me to start to stop saying, "maybe" or "later," and to embrace the good parts about myself.

What additional comments would you like to share with others who are undecided about attending The Journey?

This workshop makes you think about your future in a whole different light.

This presentation is an eye-opener and wake-up call that explains that there are no limitations to what you can do.

Make the time. This presentation will benefit not just you, but your family more. It is worth the sacrifice/time. No excuses!!!

Wonderful workshop that opens your eyes. Love! Love! Love it!

You did an amazing job! Thank you.

To stay focused and keep moving forward. To understand what many people may be going through. Their challenges and obstacles.

To pass along to others that they know there is a department that will assist them with their current challenges.

That the presentation is very necessary to hear...no matter how many times.

The speaker was very entertaining and knowledgeable.

The workshop is outstanding. Everyone should at least give it a try.

This workshop is beneficial to everyone. Not only for success in their education, but the life around them as well. Very motivational and effective!

It's worth all the time necessary to put into going to any Journey workshop TCC has to offer. Being part of the Journey gives you the tools to travel the road you're already on. You are not alone.

Very informative and useful for the real world. Walking out and realizing your worth is invaluable. Could be a bit shorter in length.

You can't afford not to go. The message will change your life.

I would recommend so they can learn more about how to deal with life and see others who may be dealing with some of the same problems.

I love the exercise about the trip from Fort Worth to New York. How you can take the steps and if you have a bump in the road, DO NOT QUIT!

If this doesn't change your outlook on life then you really need help!! Positive thinking and telling yourself that you can do it. You are not bound by your situation!

To take out the small amount of time from your life to attend and listen so that your entire life doesn't go to waste.

People who don't attend, miss a lot. Everything he says is something that happens to a lot of people in real life. We need this advice to help us stay on track.

Thank you. This was such an eye-opener. It helps you identify what you should do next. It is motivating and uplifting.

I personally related to each and every segment. I needed the guidance and reassurance. I look forward to educating and inviting others, as well as attending the next session.

It is not what you expect. Forget what negative things you might think about it.

Awesome message!

People should come to listen, I mean really listen. After coming to the Journey, your mindset changes, but changes in the best way.

I am really young, but just the motivation about thinking, believing, and doing better, was very uplifting for me.

They need to bring themselves to it and get real about themselves.

Attending the workshop was enlightening. I consider myself in a circle, and if you feel the same, I highly recommend the workshop.

I found myself nodding at a lot of the content, as it was relatable to me. I believe others will feel the same and take some knowledge and inspiration home with them

This is one opportunity you wouldn't want to miss.

