



The Journey Workshop Experience - October 24, 2023 (Weather-Rain)
 Tarrant County College, Action A, Fort Worth, TX

4 = Exceeded expectations

3 = Met my expectations

2 = Somewhat met my expectations

1 = Did not meet my expectations

SURVEY:

Number of Attendees 92 Active Students 75 Guests 17

CATEGORY	4	3	2	1
The workshop's content was relevant	64	2		1
Presenter's knowledge of content	66	1		
The workshop was engaging	62	4		

COMMENTS:

1. What was your greatest take away from The Journey and how will it benefit you at TCC and in your life?

- It's a process! Learned why it happens for you and not to you.
- Our thoughts have to match our words.
- Steve is such an awesome motivator and speaker. A totally positive experience!!
- I would say one of the greatest messages I learned from The Journey Workshop Experience, was that in order to succeed, one must know their strengths and use them to improve themselves. This will benefit my life by teaching me to improve my habits to succeed in the future.
- The most beneficial thing I learned , would be the way he expressed real emotions and how we feel towards the workforce, and the jobs we work in.
- Sometimes I may have to leave and change my surroundings and Circle to be able to move into my final goal. Also, I may not achieve fast, but know that it will take time.
- Getting out of a Circle that does not let me grow into a better person requires making new friends and creating a new Circle with similar goals.
- It was a great experience. Definitely will come again. Amazing motivational speech.

- This will be the first step. I will never give up and always ask for help to achieve my goals.
- Being able to realize that I must prioritize myself and pay attention to the process and the steps that must be taken to get/achieve what I desire to satisfy myself and my needs. I will be confident in myself, understanding that failure can be necessary to learn and further myself.
- I need to change my perspective (or at least in ways that will benefit me). It will help me focus more on my priorities and allow me to put first things first. This was exactly what I needed.
- Don't let fear control you. You are stronger than your darkest days.
- You are not those around you, and don't have to be like your family. You can be better and different. You can't win being afraid of losing.
- P.O.O.R.-Passing Over Opportunities Repeatedly & Passing Over Opportunities You Never Take. Not anymore for me.
- For me, it has been wonderful. Very motivating. It taught me to see my opportunities. Thank you very much for everything. I thank God for being here at TCC.
- Success is a process. Don't give up.
- This will benefit me in a positive way. The exercises he made us do about speaking highly about ourselves is something I enjoyed.
- I am very negative towards myself and that is not good, so this is something that will help me later on.
- I learned that no matter how much money you earn, you will always face obstacles. Knowing this helps me with managing things better.
- This is not the end for me. I now see that I have a chance at having a great life.
- POOR.-Passing Over Opportunities Repeatedly.
- Anything is possible. Don't waste time and treat everything with importance!
- Surviving the heat is what makes you great! You must be bold! Excuses are the reason we fail!
- The Journey provided me with a great benefit by helping me see why I decided to return to school. It will help me from today forward by allowing me to wake up each day telling myself, I will make a difference.
- The workshop was powerful.
- It made me see that it's the focus on the fear that can be the hurdle that stops success.
- It made me see that regardless of where you are in life, you can do anything you dream. But all we need to push ourselves.
- I need to stop going back and falling into the Circle of excuses. I will take accountability and push myself to do the work.
- The entire experience was amazing and beneficial.
- Every part of the presentation was great!
- This gave me more of a 'push' in my life. This event gave me a reason not to stop my career. I recently wanted to drop out because
- I'm not keeping up or catching up with the rest. This benefited me because it woke me up to realize there are many options I can take in life.
- My takeaway is this workshop is about relevant issues that allow students to relate to and feel a sense of hope and assistance.
- 1.Dino plushies are adorable. 2.You are not your circumstances. 3. Don't judge a book by its cover. 4. Side trips build our story.
- I love how it kept the audience thinking and involved. I also love how Mr. LeMons makes it personal and relatable. This workshop is such a blessing to many.
- Believe in yourself and don't give up. Surround yourself with positive people. Set goals. You will go through adversity, but you will make it.
- Life changing! This experience always impacts me no matter how many times I attend I always have something new to take away.
- No matter what, keep moving forward, whatever the 'side trips.'
- To be determined. Always believe in yourself. Facing adversity is the key to greatness.

- I'm not a TCC student, but still a student of life. But I received messages of encouragement, to be positive, have courage, and continuing the journey is timeless. I loved his connectivity and passion for focusing on life lessons. Recognize opportunities, have courage, and see what more life has to offer. I can have it.
- Goals take perseverance. Believing in myself and overcoming obstacles helps me keep putting one step in front of the other.
- I will never give up on my dreams.
- Steven said, "You're just visiting here. " To me, meaning, no matter what you're facing, it too shall pass. So regardless of whatever obstacle I face, it's up to me to move forward and to extract the lesson for that moment.
- Reflecting not on what obstacles do to you, but rather, what they do for you. (Opportunities to learn and grow.) The importance of mind and attitude.
- It was very inspiring. I loved the testimonies of life experiences shared by the speaker. Loved the audience participation opportunities.
- It's no excuses. Goals, plan, and execute. I love how Mr. LeMons leads the workshop. Also, the guest speaker April Pelton, was amazing.
- You will always have things to stop you, but you can get through it. We all have a Circle. I plan to always be successful.
- Helped to better understand life challenges and grew a different view on life. It was also nice to understand that the challenges in life aren't forever, and everyone goes through similar difficulties.
- My takeaway from the Journey was that it does me better to focus on what I learned from a 'side trip,' rather than how it affects me negatively. I will use this in my life and at TCC, by learning how to learn from my mistakes and improve my life.
- Just keep working and not get distracted by side trips.
- Conflicts and issues may come up in my journey. I must excel and strive to overcome those obstacles to reach success.

What additional comments would you like to share?

- This was awesome! I'm starting my second year as faculty here at TCC, and I love all of the opportunities TCC offers students and faculty.
- In my life, I'm going to change some people in my Circle. It's necessary to follow your dreams or your objectives. Each dream needs time and effort.
- I left here a different person just from this workshop. Wow! His powerful words are forward moving. Thank you, Steve.
- I'd like to attend another of these events. I really like the way Mr. LeMons talks and expresses himself.
- Excellent presentation! God bless you!
- It would be great if in the future we have a Spanish translator.
- Awesome inspiration to be better. 2. Take advantage of the opportunities 3. Don't be afraid to take risk. 4. Hang around the right people.
- I felt really inspired. It doesn't matter to me anymore what stops me, but rather how the process goes and the experience I value along the way.
- This was truly inspirational. I loved every second. I will be back again. I plan to live by the lessons I learned here tonight.
- I have thoroughly enjoyed your speeches. They have helped keep me motivated and to see the 'bigger pictures.'
- THANK YOU FOR EVERYTHING!!! AWESOME!!!
- I feel like this presentation was not really relevant to me and the class I missed to be here.
- I would like to know about how to continue when there is systematic oppression at play on top of the Circle that doesn't support your success.
- Motivational and resourceful. Excited and ready to start the courses.

- Would like to see more cultures attending events.
- Keep this movement going because it really makes a difference.
- Continue the great work, Mr. LeMons. We all need this information, considering the 'times we are living in.' We need more workshops like this!!
- More people need to know about this. I hope people that are stuck like me can hear about this and attend.
- It was amazing. Never stop. Too many people can benefit from this.
- This should be a national workshop for high school and college students.
- Continue this workshop as long as TCC allows. It is fantastic.
- The dude is amazing. Love the energy.
- I will be back.
- The speaker was very passionate, enthusiastic, and engaging. It's clear he wants students to succeed.
- Worth every minute of my time.
- Great experience! Great job!
- I really think people are sleeping on these events by not attending. We need more events like this with real people testimonials.